

CRUISING LEVELS

STANDARD ICAO		RVSM		NAT RVSM		North South RVSM	
Westbound Heading 180°-359°	Eastbound Heading 360°-179°	Westbound Heading 180°-359°	Eastbound Heading 360°-179°	Westbound Heading 180°-359°	Eastbound Heading 360°-179°	Northbound Heading 270°-089°	Southbound Heading 090°-269°
	FL610		FL610				FL610
FL590		FL590				FL590	
	FL570		FL570				FL570
FL550		FL550				FL550	
	FL530		FL530				FL530
FL510		FL510				FL510	
	FL490		FL490				FL490
FL470		FL470				FL470	
	FL450		FL450				FL450
FL430		FL430				FL430	
	FL410		FL410				FL410
		FL400		FL400	FL400	FL400	
FL390			FL390	FL390	FL390		FL390
		FL380		FL380	FL380	FL380	
	FL370		FL370	FL370	FL370		FL370
		FL360		FL360	FL360	FL360	
FL350			FL350	FL350	FL350		FL350
		FL340		FL340	FL340	FL340	
	FL330		FL330	FL330	FL330		FL330
		FL320		FL320	FL320	FL320	
FL310			FL310	FL310	FL310		FL310
		FL300				FL300	
	FL290		FL290				FL290
FL280		FL280				FL280	
	FL270		FL270				FL270
FL260		FL260				FL260	
	FL250		FL250				FL250
FL240		FL240				FL240	
	FL230		FL230				FL230
FL220		FL220				FL220	
	FL210		FL210				FL210
FL200		FL200				FL200	
	FL190		FL190				FL190
FL180		FL180				FL180	
	FL170		FL170				FL170
FL160		FL160				FL160	
	FL150		FL150				FL150
FL140		FL140				FL140	
	FL130		FL130				FL130
FL120		FL120				FL120	
	FL110		FL110				FL110
FL100		FL100				FL100	
	FL090		FL090				FL090
FL080		FL080				FL080	
	FL070		FL070				FL070
FL060		FL060				FL060	
	(FL050)		(FL050)				(FL050)